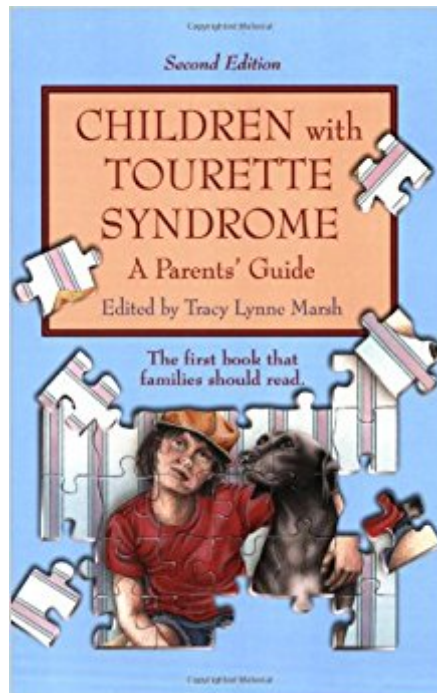




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# Children With Tourette Syndrome: A Parents' Guide



## Synopsis

When first published, this guide for parents of children and teens with Tourette syndrome (TS) was the only book to offer up-to-date information and advice for families. Now in an updated edition, *Children with Tourette Syndrome* offers even more. There's new information on the latest research and medical developments in the field, and sections on education, legal rights, family life, daily care, and emotional issues are thoroughly revised. Written by leading experts in the field and experienced parents, this guide provides an excellent blend of professional expertise and empathetic advice. Families with newly diagnosed children find answers to their most pressing questions about this often perplexing neurological disorder, as well as coping strategies and emotional support. The second edition includes new information about the effects of Tourette syndrome at different stages of development from childhood into adulthood. There's more on coexisting conditions such as obsessive-compulsive disorder, Asperger syndrome, and learning disabilities. The book also provides an overview of the biochemistry of TS, what to expect from a medical workup, as well as a discussion of more than 30 different drugs used to treat TS and related conditions. There are strategies for coping with many of the challenging characteristics of TS such as impulsivity, obsessive thoughts, attention and sleep problems, and difficulties with sensory integration. A new chapter on Habit Reversal Training (HRT) explains how this behavior intervention can help some people control tics. Parents find the latest on special education rights, and expanded information on how to design an appropriate education plan for their child. For families raising a child with TS, this comprehensive handbook gives them hope and relieves their sense of isolation. It's also essential reading for professionals and teachers who need to understand this complex disorder.

## Book Information

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## Customer Reviews

Tourette Syndrome (TS) is a physical disorder of the brain that causes involuntary muscle tics and vocal noises; obsessive-compulsive and attention deficit disorders are frequently present as well. Because symptoms of TS generally appear before the age of seven, this guide is a particularly important addition to the literature on this long-misunderstood and misdiagnosed illness. The medical, educational, social, and legal issues associated with TS are addressed through clear and comprehensive essays written by specialists and parents. The book also provides parents with useful coping strategies while focusing on ways to encourage children to reach their highest potential. Each chapter concludes with candid statements by parents that convey the pain and triumphs associated with this disorder. Recommended for public libraries and academic libraries supporting healthcare curricula.- Linda Cullum, Lake Superior State Univ. Lib., Sault Sainte Marie, Mich.Copyright 1992 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

"The perfect companion for parents and caregivers alike." --Kirkus Reports, December 2006"This valuable resource for parents and educators is recommended for all public libraries." --Library Journal, February 15, 2007"This guide is a good reference to professionals working with children diagnosed with Tourette Syndrome." --ADVANCE for Physical Therapists & PT Assistants, July 16, 2007

As a grandparent of a child diagnosed with TS, I found this book to be the most informative for the lay person. It touched on almost every question I had and had a great reference section for more in depth subjects. It was practical and helped with all the decisions you might have to make: how to pick a doctor, meds or not, handling child's social interactions, helping school set up a teaching plan, getting in touch with local and national support groups and organizations, etc. I was able to talk with his parents and understood what they were dealing with. They had to also confront their own feelings and appreciated being able to talk to someone who cared about them also.

Wish I had this book years ago when my daughter was first diagnosed! I recommend this book to

every parent with a child with TS. There's so much more information in this book than any other book/web-site/pamphlet etc... all together in one book! I first found this book at the library and kept referring back to it that I just had to buy my own copy! Includes excellent advice on how to work with your child's school.

This is a great book for parents learning how to deal with tourette's. It gives very helpful advice and insight into dealing with the syndrome. We reference it frequently for our children.

very informative.....lots of good information.

Sent as a gift. She said it was much more helpful than anything she found online. Good resource for parents.

I ended up going to a natural health practitioner and we did candida yeast cleansing, which brought up his protein levels and eliminated his symptoms. Then after a recurrence, we did it again and went on to detox mercury with iodine therapy. Mercury overstimulates dopamine. This permanently cured him. Much better than living with it.

Fine intro text if you're just starting out on your TS journey. I came across it about a year after our child's diagnosis and by then I'd already run into all this information elsewhere and frankly, it doesn't go into much detail in a way that would have been really helpful. A far better resource is the recorded seminar for new families at the Tourette's Syndrome Association [...] You'll probably want to watch it a couple of times. I draw on that information constantly.

This is a compact little guide is packed with useful information both for parents and professionals. It is not cluttered with long narratives of people's "personal stories". While there is definitely a place for that approach, I needed a quick primer that would easily acquaint me with the full range of difficulties faced by a child with Tourette Syndrome as well as those faced by her parents. As a clinician, I needed to arm myself in a hurry with an understanding of the essential issues relevant to this population in order to manage a school crisis. It gave me everything I needed to effectively advocate for my young client and her parents. It is a quick read, informative and clear. The book humanizes TS and provides basic information about etiology, development, and treatment, medication, symptom management, and guidelines on how to interact with school staff. Suggestions

for designing an effective educational plans,advocacy strategies, and a basic description of legal rights are also included.I recommend this book without hesitation.

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